



Walsall Integrated Sexual Health Services

### **Removal of Contraception Implant**

#### **How is an implant taken out?**

An implant can be left in place for three years or it can be taken out sooner if you decide you want to stop using it. A specially trained doctor or nurse must take it out.

The doctor or nurse will feel your arm to locate the implant and then give you a local anaesthetic injection in the area the implant is. They will then make a tiny cut in your skin and gently pull the implant back. They will put a dressing on the arm to keep it clean and dry and to help stop the bruising. Keep this dressing on for a few days.

It usually only takes a few minutes to remove an implant. If an implant has been put in correctly it should not be difficult to remove. Occasionally, an implant is difficult to feel under the skin and it may not be easy to remove. If this happens, you may be referred to a specialist centre to have it removed with the help of an ultrasound.

*Taken from "Your guide to the contraceptive Implant" fpa October 2009*